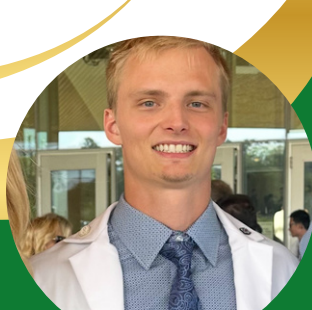
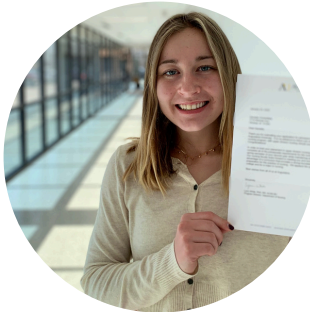


SOME OF OUR JUNIOR VOLUNTEERS NOW...



SUMMER 2026 JUNIOR VOLUNTEER PROGRAM

 Lakes Regional
Healthcare
An Avera Partner

ABOUT THE PROGRAM

Lakes Regional Healthcare's 8-week Summer 2026 Junior Volunteer Program focuses on exposing students to the healthcare field and fostering service values. The program will be held from June 1 – July 25. You must be a high school sophomore, junior, or senior or a college student that's at least 16 years old by June 1 to be considered for the program. After submitting your application, you will be interviewed by Lakes Regional Healthcare staff and potentially offered a Junior Volunteer position. Junior Volunteers must then complete an orientation process that includes a criminal background check, health assessment, TB test, and review of immunizations including the Hepatitis B series. As a Junior Volunteer, you choose one or two volunteer positions based on your interests and availability. You must volunteer at least once each week in each chosen volunteer position.

WHAT TO DO NEXT

Download and complete the Application and Parental Consent at lakeshealth.org/volunteer and submit them by April 17, 2026 to:

Lakes Regional Healthcare, Attn: Jennifer Gustafson
PO Box AB, Spirit Lake, IA 51360

Please note the application requires a written reference from your school guidance counselor/advisor or a teacher/professor. For more information, email jennifer.gustafson@lakeshealth.org or call 712-336-8799.



ER JR VOLUNTEER

Shifts: 4 hours shifts any day, 9 am, 1 pm, 5 pm

- ➔ Assist physicians and nurses as requested
- ➔ Turn over ER rooms after discharge
- ➔ Go on at least one ambulance call
- ➔ Visit with patients as requested
- ➔ Offer items to patients
- ➔ Transport and escort patients and visitors
- ➔ Restock supplies and deliver items



SURGERY JR VOLUNTEER

Shifts: Monday - Friday, 7:30 - 11:30 am

- ➔ Call and escort surgery patients
- ➔ Turn over surgery pre-op rooms
- ➔ Give items to patients (toast, beverage, etc.)
- ➔ Transport and escort patients to and from Imaging
- ➔ Assist nurses as requested
- ➔ Observe various surgeries