

Summer 2024 Junior Volunteer Program

Make a difference in your life and community

- Experience the healthcare industry first-hand
- Learn new skills
- Develop your career path
- Enjoy helping others



Lakes Regional
Healthcare

2301 Hwy 71 South
Spirit Lake, IA 51360

712.336.8799
www.lakeshealth.org

Program Details

Apply now to be a part of Lakes Regional Healthcare's 8-week Summer 2024 Junior Volunteer Program, focusing on exposing students to the healthcare field and fostering service values. The program will be held from June 2 - July 27. You must be a high school sophomore, junior, or senior or a college student that's at least 16 years old by June 1 to be considered for the program. Potential Junior Volunteers must complete and submit an application, parental consent form, and written reference from a school guidance counselor/advisor or teacher/professor. These forms can be found online at www.lakeshealth.org/volunteer. You will be interviewed by Lakes Regional Healthcare staff and potentially offered a Junior Volunteer position. Junior Volunteers must then complete an orientation process that includes a criminal background check, health assessment, TB test, and review of immunizations including the Hepatitis B series. As a Junior Volunteer, you choose one or more volunteer positions based on your interests and availability. You must volunteer at least once each week in each chosen volunteer position.

ER Junior Volunteer

Shifts: 4 hour shifts any time / any day (24/7)

- // Assist physicians and nurses as requested
- // Turn over ER rooms (disinfect equipment, beds, etc) after discharge
- // Go on at least one ambulance call
- // Visit with patients as requested
- // Offer items to patients
- // Transport and escort patients and visitors
- // Restock supplies and deliver items
- // Cross train to other Junior Volunteer positions as time allows

Surgery Junior Volunteer

Shifts: Monday-Friday, 7:30 - 11:30 am

- // Call and escort surgery patients into Surgery Center
- // Turn over surgery pre-op rooms (disinfect equipment, bed, etc) after patient discharge
- // Give items to patients (toast, beverage, etc)
- // Transport and escort patients to and from Imaging
- // Assist nurses as requested
- // Observe various surgeries
- // Cross train to other Junior Volunteer positions as time allows

Educational Opportunity

On Tuesday, July 16 from 8 am - 12 pm, we will provide a hands-on, educational session with various professionals.

Attendance is optional. Topics include:

- // How to Intubate
- // How to Gown and Glove in Surgery
- // How to Give a Shot
- // How to Stitch
- // How to do an IO
- // How to do CPR and use an AED
- // How to assess dilation during labor



WHAT TO DO NEXT

Download and complete the Application and Parental Consent at lakeshealth.org/volunteer and submit them by April 19, 2024 to:

Lakes Regional Healthcare
Attention: Jennifer Gustafson
PO Box AB
Spirit Lake, IA 51360.

Please note the application requires a written reference from your school guidance counselor/advisor or a teacher/professor.

For more information, email jennifer.gustafson@lakeshealth.org or call 712-336-8799.