



Hospice Services



Lakes Regional
Healthcare

An Avera Partner

Welcome to Lakes Regional Healthcare, an Avera Partner

We want you and your family to have the best possible experience during your hospice care. As part of this experience, the staff at Lakes Regional Healthcare Avera is here to provide you the hospice services and care that you need. This brochure offers some information about the hospice services provided by Lakes Regional Healthcare Avera.



Hospice

Hospice is a service that supports and cares for people who have a terminal illness along with their loved ones. Hospice works with patients when curative treatment is no longer possible and helps a person maintain his or her quality of life. Hospice care supports and educates the patient's loved ones as well during this time. This special kind of care can be provided in the home, nursing home, assisted living facility or the hospital.

Hospice provides quality care for the whole person by:

- Enabling the patient's life to be spent with dignity and quality at home or in a home-like setting
- Accommodating the patient and his or her loved ones' physical, emotional, social and spiritual needs
- Providing the best medical care, nursing care and emotional support by using every means available to provide comfort and maintain quality of life

Hospice services are paid by Medicare, Medicaid, Veterans Affairs, private insurance or private pay.

Hospice team

Physician: The hospice team works with the patient's own doctor along with the hospice medical director to coordinate the plan of care.

Nursing: Nurses provide pain and symptom management as well as supportive care. The nurse coordinates the plan of care with other team members.

Social worker: A social worker helps relieve emotional and social pain of patients and their loved ones as they face end-of-life issues.

Home care aides: Aide services are provided to assist patients with personal care, light housekeeping tasks and laundry.

Pharmacist: A pharmacist is available to assist with the patient's medication needs along with the physician.

Spiritual support: Family clergy or the hospice chaplain, if requested, is a resource and facilitator for spiritual guidance and prayer.

Volunteers: After a hospice training program, volunteers visit patients, help with a variety of chores and provide companionship.

Massage therapist: Massages provide comfort and relaxation to patients.

Bereavement

The bereavement coordinator helps families cope with changes and adjustments for up to 13 months after their loved one dies.

Does hospice mean I'm giving up?

Facing the reality that an illness is terminal can be terrifying for many people and some may think that choosing hospice means giving up hope. The hospice team understands that making the decision for hospice care can be very difficult.

By choosing hospice care, hope can start in one's life by providing guidance for:

- Quality of life
- Accomplishing goals
- Comfort
- Personal closure
- Business/affair closure

Continuity of care

Continuity of care will be maintained between any transition of care such as from home care to hospice or to an alternate level of care.



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