



Home Care Services



Lakes Regional
Healthcare

An Avera Partner

Welcome to Lakes Regional Healthcare, an Avera Partner

We want you and your family to have the best possible experience during your home health care. As part of this experience, the staff at Lakes Regional Healthcare Avera is here to provide you the services and care that you need in the comfort of your home. This brochure offers some information about the home care services provided at Lakes Regional Healthcare Avera.

MISSION STATEMENT

To improve the health and well-being of people of the Iowa Great Lakes region.



Home care

The home care services at Lakes Regional Healthcare, an Avera Partner, is a Medicare-certified agency providing home care services to people in Dickinson County in the comfort of their own homes. Home care services include skilled nursing, home care aides, physical therapy, occupational therapy, speech therapy, wound care and homemaker services. All home care services are provided under the direction of a physician's plan of care.

Home care services are paid by Medicare, Medicaid, Veterans Affairs, private insurance or private pay.

Continuity of care

Continuity of care will be maintained during any transition of care between providers.



Services available

Skilled nursing: Nursing services are provided for the treatment of acute or chronic illnesses. Nursing care may include patient assessments, medication setup, infusion therapy, cardiac and respiratory monitoring, dressing changes and other procedures. Nurses are able to teach patients about their illnesses, medications and how to best care for themselves.

Home care aides: Aide services are provided to assist patients with activities of daily living. Services may include personal care, exercise assistance, light housekeeping and laundry.

Therapies: Therapy services such as physical therapy, occupational therapy, speech therapy and enterostomal therapy are provided to patients for rehabilitation after an illness or surgery. Therapists also provide education on what changes a person can make in his or her daily life and living environment to live independently.

Transition of Care Program

The Transition of Care Program was designed to improve people's independence and confidence. The program provides goal-oriented, time-limited and therapy-focused care to help people at the end of their hospital stay. The program aims to help people leaving the hospital who are not ready for home care to return home safely.

A person is assessed for the program while he or she is still an inpatient at the hospital. If a person meets the criteria, a Transition of Care home visit is made within 24 to 48 hours of discharge which will focus on the following:

- Physician/provider appointment importance
- Review of "teach-back" education
- Medication reconciliation
- Assessment of compliance with self-management



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